

OASIS in the Wilderness

Commitment and Confidentiality Agreement

*For All Breakout Group Participants**

* Adapted from BlueprintforMen.org

OASIS Breakout Group participants are committed to the following code of conduct to ensure the best outcome for themselves and everyone else in the groups.

1. CONFIDENTIALITY: What happens and is said in the breakout groups stays there. We do this by respecting the dignity of our manhood and honoring each other with confidentiality. You are free to share what you say and do; however, anything any other man says or does stays private.

2. GROUP PARTICIPATION: Participation includes sharing your reflections on the weekly assignment and may include relating the high and lows of your life with the group. We are here to support and celebrate with one another.

3. BE ON TIME: One of the simplest ways of showing personal accountability and respect for others is a commitment to showing up on time. As a bit of advice... to really be on time you need to be a few minutes early.

4. RESPECT FELLOW PARTICIPANTS: Although it is important to share your thoughts and experiences it is VERY important not to dominate the discussion. Also try to steer away from “preaching” at the group! In addition, do not criticize or put down another man. We are each on separate paths in our journeys. Respect and honor where each person is in their journey.

5. BE PRESENT: To be present means to be committed to active engagement with minimal distractions. During the meeting you should ***always have your camera on, and your microphone muted unless you are speaking.*** During our meetings, please refrain from cell phone use. (Note: we realize that some individuals may have bandwidth issues that make it difficult to have their cameras on for the whole session. However, please try to start with your camera on and only turn it off if you are having connectivity issues.)

6. GIVE AN HONEST REPORT: It is essential that you be completely honest in your weekly reporting. Understand that a S.L.I.P. is a “Short Lapse in Progress” when you have not been true to your personal commitments or completed your assignments.

7. STAY CONNECTED: You are committing to stay connected with your group on a weekly basis. The weekly meeting fulfills this expectation. However, if you are struggling, learn to reach out for strength and prayer. If someone messages you, please respond or affirm as quickly as possible. If you “go silent” it’s a bad sign.

As a man of integrity, I do hereby signify my intention to follow these guidelines.

Signature: _____ Date: _____