

Oasis in the Wilderness Night #2 – Initial Breakout Groups

The handout distributed the first week of the program, “Details About Breakout Groups” provides an overview of the original intent of the groups. [All handouts can be accessed at www.TimelessHealingInsights.org/OASIS-materials.] However, as you are just now getting acquainted with the OASIS program (and your new groups) we felt that a somewhat different focus might be best tonight. Therefore, consider the following **recommendations** for your interactions tonight:

1. Introduce yourself. Share something personal about yourself such as your life work, your family of origin, or the area of the country where you live.
2. Share with the group what got you interested in the OASIS program.
3. Share something meaningful for you from your study this week or from tonight's general session. This might include:
 - a. An insight you gained into a hidden treasure that God brought out of a difficult life experience.
 - b. Something that impressed you from one of the daily devotionals (alternately, just read through one of the talking points provided in tonight's "Streams in the Desert" handout and discuss it with your group.)
 - c. A lifestyle habit or other health metric that you would like to track throughout the summer. Share with the group why this metric is something important for you to track.
4. Be prepared to come back to the general group to share something that you think would be a blessing to the others present. ***Especially valuable is sharing something for which you are grateful.*** (If you are meeting asynchronously, please send us a praise report.)

REMINDERS... (from Week 1 Handouts, “Program Expectations and Recommendations” “Details About Breakout Groups” and the “Group Commitment and Confidentiality Agreement”)

- The breakout groups are an optional part of the program, but they are strongly recommended.
- You will be assigned to a breakout group, unless you “opt out.” (Tonight, you can do this simply by leaving the group to which you are assigned.)
- Review and abide by the “Group Commitment and Confidentiality Agreement”
- When the program was originally conceived, we thought the springboard for sharing would be the devotional, *Streams in the Desert*; we have expanded that to include *The Joseph Principles*, and your individual health journeys.
- We expect you to have **weekly contact** with members of your group, even if you cannot attend each evening session. (Are you joining us today via the YouTube video, yet would still like to connect with a supportive community? If you can't join us in real time, reach out to us through the TimelessHealingInsights.org website. We will see if there is sufficient interest to organize asynchronous “offline” groups.)